

2 William Lamond Crescent Monifieth DD5 4LZ www.tranquilityzone.co.uk Phone no: 07854408179

#### Hot Stone & Warm Bamboo Massage:

Back, neck & shoulders (30mins) £40 Back, neck, shoulders & face (45mins) £48 Back, neck, shoulders & legs (60mins) £55 Full body (60mins) £55 Full body with face (75mins) £65

#### **Pregnancy Massage:**

Back, neck & shoulders (30mins) £37 Back, neck, shoulders with face or scalp (45mins) £45 Full body (60mins) £52 Full body with scalp or face (75mins) £62 Full body with scalp & face (90mins) £75

## Manual Lymphatic Drainage:

30 minutes £37 60 minutes £52

# **Reiki:**

30 minutes £3560 minutes £50

### **Reflexology:**

30 minutes £37 60 minutes £52

#### Menopause treatments:

Massage (60 minutes)€52Reflexology (60 minutes)€52Ultimate Relaxation (90 minutes)€75

# Indian Head Massage:

45 minutes £45

## **Holistic Facial:**

30 minutes £40 60 minutes £55

## **Oncology Treatment:**

30 minutes £37 60 minutes £52 (Tailored treatment which can include massage, reiki and/or reflexology)

## **Silent Counselling:**

60 minutes £55 90 minutes (with Reiki) £75

### **Treatment packages:**

Please visit website or Facebook page for details